

Citrus body scrub



ingredients

1/2 cups of Epsom Salt

1/2 cups of Kosher Salt

1/2 cup Baking Soda

2-3 drops orange

essential oil

directions

Mix ingredients together in a large

bowl. Keep fresh in a mason jar

with lid

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Coffee body scrub



ingredients

1 Cup ground organic coffee.

1 Cup organic sugar or salt.

½ Cup organic coconut oil.

directions

Mix ingredients together in a large bowl. Keep fresh in a mason jar with lid

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Minty body scrub



ingredients

1/2 CUP COCONUT OIL

1 CUPS SUGAR

3 DROPS PEPPERMINT OIL

2 DROPS SPEARMINT OIL

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directions

Mix ingredients together in a large bowl. Keep fresh in a mason jar with lid

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